

॥ atha samādhipādaḥ ॥

atha yoganūśāsanam | 1 |

yogaścittavṛttinirodhaḥ | 2 |

tadā draṣṭuḥ svarūpe'vasthānam | 3 |

vṛttisārūpyamitaratra | 4 |

vṛttayaḥ pañcatayyaḥ kliṣṭākliṣṭāḥ | 5 |

pramānaviparyayavikalpanidrāsmṛtayaḥ | 6 |

pratyakṣānumānāgamāḥ pramāṇāni | 7 |

viparyayo mithyājñānamatadrūpapratīṣṭham | 8 |

śabdajñānānupātī vastuśūnyo vikalpaḥ | 9 |

abhāvapratyayālambanā tamovṛttirnidrā | 10 |

anubhūtavaiśayāsampramoṣaḥ smṛtiḥ | 11 |

abhyāsavairāgyābhyāṃ tannirodhaḥ | 12 |

tatra sthītau yātno'bhyāsaḥ | 13 |

sa tu dīrghakālanairantaryasatkārādarāsevīto

dṛḍhabhūmiḥ | 14 |

dṛṣṭānuśravikaviśayavitrṣṇasya

vaśīkārasamjñāvairāgyam | 15 |

tatparam puruṣakhyāterguṇāvaitrṣṇyam | 16 |

vitarkavicārānandāsmītārūpānugamātsamprajñātaḥ | 17 |

virāmapratyayābhyāsapūrvāḥ saṃskāraśeṣo'nyaḥ | 18 |

bhavapratyayo videhaprakṛtilayānām | 19 |

śraddhāvīryasmṛtisamādhiprajñāpūrvaka itareṣām | 20 |

tīvrasaṃvegānāmāsannaḥ | 21 |

mṛdu madhyādhimātratvāttato'pī viśeṣaḥ | 22 |

īśvaraprañidhānādvā | 23 |

kleśakarmavipākāśayairaparāmṛṣṭaḥ puruṣaviśeṣa

īśvaraḥ | 24 |

tatra niratiśayaṃ sarvajñābījam | 25 |

sa eṣa pūrveṣāmapī guruḥ kālenānavacchedāt | 26 |

tasya vācakaḥ praṇavaḥ | 27 |

tajjapastadarthābhāvanam | 28 |

tataḥ pratyakcetanādhigamo'pyantarāyābhāvaśca | 29 |

vyādhistyānasamśayapramādālasyāvīratibhrānti-

darśanālabdhabhūmikatvānavasthitatvāni

cittavikṣepāste'ntarāyāḥ | 30 |

duḥkhadaurmanasyāṅgamejayatvaśvāsaprasvāsā

vikṣepasāhabhūvaḥ | 31 |

tatpratiṣedhārthamekatattvābhyāsaḥ | 32 |
maitrikaruṇāmuditopekṣāṇām
sukhaduḥkhapuṇyāpuṇyaviṣayāṇām
bhāvanātaścittaprasādanam | 33 |
pracchardanavidhāraṇābhyām vā prāṇasya | 34 |
viṣayavatī vā pravṛttirutpannā
manasaḥ sthitiṇibandhini | 35 |
viśokā vā jyotiṣmatī | 36 |
vitarāgaviṣayaṃ vā cittaṃ | 37 |
svapnanidrājñānālambanaṃ vā | 38 |
yathābhimatādhyānādvā | 39 |
paramāṇuparamamahattvānto'sya vāśīkāraḥ | 40 |
kṣīṇavṛtterabhijātasyevā maṇergrahītrgrahaṇagrāhyeṣu
tatsthatadañjanatā sāmāpattiḥ | 41 |
tatra śabdārthajñānavikalpaiḥ saṅkīrṇā savitarkā
sāmāpattiḥ | 42 |
smṛtipariśuddhau svarūpaśūnyevārthamātranirbhāsā
nirvitarkā | 43 |

etayaiva savicārā nirvicārā ca sūkṣmaviṣayā
vyākhyātā | 44 |
sūkṣmaviṣayatvaṃ cālīṅgaparyavasānam | 45 |
tā eva sabījaḥ samādhiḥ | 46 |
nirvicāravaiśāradye'dhyātmāprasādaḥ | 47 |
ṛtaṃbharā tātra prajñā | 48 |
śrutānumānaprajñābhyāmanyaviṣayā viśeṣārthatvāt | 49 |
tajjaḥ saṃskāro'nyasaṃskārapratibandhī | 50 |
tasyāpi nirodhe sarvanirodhānnirbījaḥ samādhiḥ || 51 ||

|| iti pātañjala yoga darśane samādhipādaḥ ||

|| pātañjalayogadarśanam I 1-51 ||