

॥ atha samādhipādaḥ ॥

atha - yoganuśāsanam | 1 |

yogaḥ - cittavṛttnirodhaḥ | 2 |

tadā - draṣṭuḥ - svarūpe - avasthānam | 3 |

vṛttisārūpyam - ītaratra | 4 |

vṛttayaḥ pañcatayaḥ - kliṣṭākliṣṭāḥ | 5 |

pramāṇa - viparyyaya - vikalpa - nidrā - smṛtayaḥ | 6 |

pratyakṣa - anumāna - āgamāḥ - pramāṇāni | 7 |

viparyyayo - mīthyājñānam - atadrūpāpratiṣṭham | 8 |

śabdajñānānupātī - vastuśūnyo - vikalpaḥ | 9 |

abhāvapratyayālambanā - tamovṛttnidrā | 10 |

anubhūtaviśaya - asampramośaḥ - smṛtiḥ | 11 |

abhyāsavairāgyābhyam - tannirodhaḥ | 12 |

tatra - sthītau - yātno'bhyāsaḥ | 13 |

sa tu - dīrghakāla - nairantarya - satkāra - ādarā -

āsevito - dr̥ḍhabhūmiḥ | 14 |

dr̥ṣṭānuśravika - viśayavitr̥ṣṇasya - vaśīkārasamjñā -

vairāgyam | 15 |

tatparam - puruṣakhyāteḥ - guṇavaitr̥ṣṇam | 16 |

vitarka - vicāra - ānanda - asmītārūpa - anugamāt -
samprajñātaḥ | 17 |

virāmapratyaya - abhyāsapūrvāḥ - samskāraśeṣaḥ -
anyaḥ | 18 |

bhavapratyayo - videhaprakṛtilayānām | 19 |

śraddhā - vīrya - smṛti - samādhiprajñā - pūrvaka
ītareṣām | 20 |

tīvrasaṃvegānām - āsannāḥ | 21 |

mṛdu - madhya - adhmātratvāt - tato'pī - viśeṣaḥ | 22 |

īśvara - praṇidhānādvā | 23 |

kleśa - karma - vipāka - āśayaiḥ - aparāmṛṣṭaḥ -
puruṣaviśeṣa īśvaraḥ | 24 |

tatra - nīratīśayam - sarvajñābījam | 25 |

sa eṣa - pūrveṣāmapi guruḥ - kālenānāvacchedāt | 26 |

tasya - vācakaḥ - praṇavaḥ | 27 |

tajjapaḥ - tadarthābhāvanam | 28 |

tataḥ - pratyakcetanādhigamaḥ - api -
antarāyābhāvaśca | 29 |

vyādhi - styāna - samśaya - pramāda - ālasya - avīratī -

bhrāntidarśana - alabdhabhūmikatva –
anavasthitatvāni - cittavikṣepāḥ - te –
antarāyāḥ | 30 |
duḥkha - daurmanasya - aṅgamejayatva –
śvāsapraśvāsāḥ – vikṣepasāhabhavaḥ | 31 |
tatpratiśedhārtham - ekatattvābhyāsaḥ | 32 |
maitrikaruṇā - muditopekṣāṇām -
sukhaduḥkha - puṇyāpuṇyaviśayāṇām -
bhāvanātaḥ - cittāprasādanam | 33 |
pracchardana - vidhāraṇābhyām - vā - prāṇasya | 34 |
viśayavati vā - pravṛttirutpannā -
manasaḥ - sthiti - nibandhinī | 35 |
viśokā vā - jyotiṣmatī | 36 |
vitarāgaviśayaṃ vā - cittaṃ | 37 |
svapnanidrā - jñānālambanaṃ vā | 38 |
yathābhimatā - dhyānādvā | 39 |
paramāṇu - paramamaḥattvāntaḥ - asya vaśīkāraḥ | 40 |
kṣiṇavṛtteḥ - abhijātasyevā maṇeḥ - grahītr - grahaṇa -
grāhyeṣu - tatstha tadañjanatā - samāpattiḥ | 41 |

tatra - śabdārthajñānavikalpaiḥ - saṅkīrṇā - savitarkā -
samāpattiḥ | 42 |
smṛtipariśuddhau - svarūpaśūnyeva –
arthamātranirbhāsā - nirvitarkā | 43 |
etayaiva - savicārā - nirvicārā ca - sūkṣmaviśayā -
vyākhyātā | 44 |
sūkṣmaviśayatvaṃ ca - aliṅgaparyavasānam | 45 |
tā eva - sabijaḥ samādhiḥ | 46 |
nirvicāravaiśāradye - adhyātmāprasādaḥ | 47 |
rtaṃbharā - tātra prajñā | 48 |
śrutānumānaprajñābhyām - anyaviśayā –
viśeṣārthatvāt | 49 |
tajjaḥ saṃskāraḥ - anyasaṃskārapratibandhī | 50 |
tasyāpi nirodhe - sarvanirodhāt - nirbijaḥ
samādhiḥ || 51 ||

|| iti pātāñjala yoga darśane samādhipādaḥ ||

॥ atha sādhanapādaḥ ॥

tapaḥ - svādhyāya - īśvarapraṇidhānāni - kriyāyogaḥ | 1 |

samādhībhāvanārthaḥ - kleśa - tanūkaṛaṇārthaśca | 2 |

avidyā - asmitā - rāga - dveṣa - abhiniveśāḥ - kleśāḥ | 3 |

avidyā kṣeṭram - ūttareṣām - prasupta - tanu - vicchinna
- ūdārāṇām | 4 |

anitya - aśuci - duḥkha - anātmasu - nitya - śuci - sukha
- ātmakhyātiḥ - avidyā | 5 |

drgdarśanaśaktyoḥ - ekātmatā - iva - asmitā | 6 |

sukhānuśayī - rāgaḥ | 7 |

duḥkhānuśayī - dveṣaḥ | 8 |

svarasavāhī - viduṣo'pi - samārūḍhaḥ - abhiniveśaḥ | 9 |

te - pratīprasavaheyāḥ - sūkṣmāḥ | 10 |

dhyānaheyāḥ - tadvṛttayaḥ | 11 |

kleśamūlaḥ - karmāśayo - drṣṭādrṣṭajanma -
vedanīyaḥ | 12 |

sātimūle - tādvipāko - jātyāyurbhogāḥ | 13 |

te - hlādaparitāpaphalāḥ - puṇyāpuṇyahetutvāt | 14 |

pariṇāma - tāpa - samskāraduḥkhaiḥ -

guṇavṛttivirodhācca - duḥkhameva sarvaṃ -
vivekinaḥ | 15 |

heyaṃ - duḥkhamānāgatam | 16 |

draṣṭrdrśyayoḥ - samyogo heyahetuḥ | 17 |

prakāśakriyāsthitiśīlam - bhūtendriyātmaḥ -
bhogāpavargārthaḥ - drśyam | 18 |

viśeṣāviśeṣa - liṅgamātrāliṅgāni - guṇāparvāṇi | 19 |

draṣṭā drśīmātraḥ - śuddho'pi - pratyayānupaśyaḥ | 20 |

tādārtha eva - drśyasya - ātmā | 21 |

kṛtārthaḥ - pratinaṣṭam - api - anaṣṭam -
tādanyasādhāraṇatvāt | 22 |

svasvāmiśaktyoḥ - svarūpopalabdhihetuḥ -
samyogaḥ | 23 |

tasya hetuḥ - avidyā | 24 |

tādabhāvāt - samyogābhāvo - hānaṃ - tāddrśēḥ
kaivalyam | 25 |

vivekakhyātiḥ - aviplavā - hānopāyaḥ | 26 |

tasya saptadhā - prantabhūmiḥ - prajñā | 27 |

yogāṅgānuṣṭhānāt - aśuddhikṣaye -

jñānadiptiḥ - āvivekakhyāteḥ | 28 |
yama - niyama - āsana - prāṇāyāma - pratyāhāra -
dhāraṇā - dhyāna - samādhayaḥ - aṣṭau -
aṅgāni | 29 |
ahiṃsā - satya - asteya - brahmacarya - aparigrahāḥ -
yamāḥ | 30 |
jāti - deśa - kāla - samaya - anavacchinnaḥ -
sārvabhaumāḥ - mahāvratam | 31 |
śauca - samtoṣa - tapaḥ - svādhyāya -
īśvarapraṇidhānāni - niyamāḥ | 32 |
vītarkabādhane - pratipakṣabhāvanam | 33 |
vītarkāḥ - hiṃsādayaḥ - kṛta - kāritā - anumoditāḥ -
lobha - krodha - mōhapūrvakāḥ - mṛdu -
madhya - adhimātrāḥ - duḥkha -
ajñāna - anantaphalāḥ -
iti - pratipakṣabhāvanam | 34 |
ahiṃsāpratiṣṭhāyāṃ - tatsannidhau - vairatyāgaḥ | 35 |
satyapraṣṭhāyāṃ - kriyāphala - āśrayatvam | 36 |
asteyapraṣṭhāyāṃ - sarvaratna - upasthānam | 37 |

brahmacaryapraṣṭhāyāṃ - vīryalābhaḥ | 38 |
aparigrahasthairye - janmakathamtā - sambodhaḥ | 39 |
śaucāt - svāṅgajugupsā - parairāsamsargaḥ | 40 |
sattvaśuddhi - saumanasya - aikāgrya - indriyajaya -
ātmadarśana - योग्यात्वानि ca | 41 |
samtoṣāt - anuttamaḥ - sukhālābhaḥ | 42 |
kāyendriyasiddhiḥ - āśuddhikṣayāt - tapasaḥ | 43 |
svādhyāyāt - iṣṭadevatāsamprayogaḥ | 44 |
samādhisiddhiḥ - īśvarapraṇidhānāt | 45 |
sthirasukhāmāsanam | 46 |
prayatnaśaithilya - anantasāmāpattibhyām | 47 |
tato - dvamdvānābhighātaḥ | 48 |
tasminsati - śvāsapraśvāsayoḥ - gativicchedaḥ -
prāṇāyāmaḥ | 49 |
bāhya - ābhyantara - stambhavṛttiḥ - deśa - kāla -
samkhyābhiḥ - paridrṣṭo - dirghasūkṣmaḥ | 50 |
bāhya - ābhyantara - viśayākṣepī - caturthaḥ | 51 |
tataḥ - kṣiyate - prakāśāvaraṇam | 52 |
dhāraṇāsu ca - योग्याता मानसाḥ | 53 |

svaviṣaya - aṣaṁprayoge - cittasya - svarūpānukāra

iva - indriyāṇām - pratyāhārah | 54 |

tataḥ - paramā vaśyatā - indriyāṇām || 55 ||

|| iti pātāñjala yoga darśane sādhanapādaḥ ||

|| pātāñjalayogadarśanam II 1-55 ||

॥ atha vibhūtipādaḥ ॥

deśabandhaḥ - cittasya¹ dhāraṇā | 1 |

tatra - pratyayaikatānatā - dhyānam | 2 |

tadeva - arthamātranirbhāsaṃ - svarūpaśūnyamiva¹ -
samādhiḥ | 3 |

trayamekatrā - saṃyamah | 4 |

tajjayāt - prajñālokaḥ | 5 |

tasya bhūmiṣu - viniyogaḥ | 6 |

trayamantaraṅgaṃ - pūrvebhyaḥ | 7 |

tadapi bahiraṅgaṃ - nirbijasya | 8 |

vyutthānanirodhasaṃskārayoḥ -

abhibhavaḥprādurbhāvau -

nirodhakṣaṇacittānvayo -

nirodhapariṇāmah | 9 |

tasya - praśāntavāhitā - saṃskārāt | 10 |

sarvārthataikāgratayoḥ - kṣayodayau - cittasya -

samādhipariṇāmah | 11 |

tataḥ - punaḥ - śāntodītau - tulyapratyayau -

cittasya - ekāgratāpariṇāmah | 12 |

etena - bhūtendriyeṣu - dharmā - lakṣaṇa - avasthā -
pariṇāmāḥ - vyākhyātāḥ | 13 |

śānta - uḍīta - avyapadeśya - dharmānupātī -
dharmī | 14 |

kramānyatvaṃ - pariṇāmānyatve hetuḥ | 15 |

pariṇāmatrayasaṃyamāt - atītānāgatajñānam | 16 |

śabdārthapratyayānām - itaretarādhyāsāt - saṅkaraḥ -
tatpravibhāgasamāyamāt -

sarvabhūtarūtajñānam | 17 |

saṃskārasākṣātkaraṇāt - pūrvajātijñānam | 18 |

pratyayasya - paracittajñānam | 19 |

na ca - tatsālambanaṃ - tasyāviṣayībhūtatvāt | 20 |

kāyarūpasamāyamāt - tadgrāhyaśaktistambhe - cakṣuḥ -
prakāśāsamprayoge - antardhānam | 21 |

sopakramaṃ - nirupakramaṃ ca karma -

tatsamāyamāt - aparāntajñānam - ariṣṭebhyo vā | 22 |

maitryādiṣu - balāni | 23 |

baleṣu - hastibalādīni | 24 |

pravṛttyālokanyāsāt - sūkṣma - vyavahita -

viprakṛṣṭajñānam | 25 |
bhuvanajñānam - sūrye samyamāt | 26 |
candre - tāravyūhajñānam | 27 |
dhruve - tadgatijñānam | 28 |
nābhicakre - kāyavyūhajñānam | 29 |
kaṅṭhakūpe - kṣutpipāsānivṛttiḥ | 30 |
kūrmanādyām - sthairyam | 31 |
mūrdhajyotiṣi - siddhadarśanam | 32 |
prātibhādvā - sarvam | 33 |
hr̥daye - cīttasaṃvit | 34 |
sattvapuruṣayoḥ - atyantāsaṅkirṇayoḥ - pratyayāviśeṣo
bhogaḥ - parārthatvāt - svārthasaṃyamāt -
puruṣajñānam | 35 |
tataḥ - prātibha - śrāvaṇa - vedana - ādarśa - āsvādavārtā
-
jāyante | 36 |
te - samādhāvūpasargāḥ - vyutthāne siddhayaḥ | 37 |
bandhakāraṇasaithilyāt - pracārasaṃvedanācca -
cīttasya - paraśarirāveśaḥ | 38 |

udānajayāt - jala - paṅka - kaṅṭakādiṣu - asaṅgaḥ -
ūtkrāntiśca | 39 |
samānajayāt - jvalanam | 40 |
śrotrākāśayoḥ - sambandhasamyamāt - divyaṃ
śrotram | 41 |
kāyākāśayoḥ - sambandhasamyamāt -
laghutūlasamāpateśca - ākāśagamānam | 42 |
bahirakalpitāvṛttiḥ - mahāvidehā - tataḥ -
prakāśāvaraṇakṣayaḥ | 43 |
sthūla - svarūpa - sūkṣma - anvaya -
arthavattvasamyamāt - bhūtajayaḥ | 44 |
tato'ṇimādiḥprādurbhāvaḥ - kāyasaṃpat -
taddharmānabhigātaśca | 45 |
rūpa - lāvaṇya - bala - vajrasaṃhananātvāni -
kāyasaṃpat | 46 |
grahāṇa - svarūpa - asmitā - anvaya -
arthavattvasamyamāt - indriyajayaḥ | 47 |
tato manojavitvaṃ - vikaraṇabhāvaḥ -
pradhānajayaśca | 48 |

sattvapuruṣa - anyatākhyātimātrasya -

sarvabhāvādhiṣṭhātrtvam - sarvajñātrtvam ca | 49 |

tadvairāgyādapi - doṣabījakṣayē - kaivalyam | 50 |

sthānyupanimantraṇe - saṅgasmayākaraṇam -

punaraniṣṭāprasāṅgāt | 51 |

kṣaṇatatkramayoḥ - saṁyamāt - vivekājam - jñānam | 52 |

jātilakṣaṇadeśaiḥ - anyatā - anavacchedāt - tulyayoḥ -

tataḥ - prātipattiḥ | 53 |

tārakam - sarvaviṣayam - sarvathāviṣayam - akramam

ceti - vivekājam jñānam | 54 |

sattvapuruṣayoḥ - śuddhisāmye - kaivalyam || 55 ||

|| iti pātāñjala yoga darśane vibhūtipādaḥ ||

|| pātāñjalayogadarśanam III 1-55 ||

॥ atha kaivalyapādaḥ ॥

janma - oṣadhi - mantra - tapaḥ - samādhijāḥ -
siddhayāḥ | 1 |

jātyantarapariṇāmaḥ - prakṛtyāpūrāt | 2 |

nimittamaprayojakaṁ - prakṛtīnām - varaṇabhedastu -
tataḥ - kṣetrikavat | 3 |

nirmāṇacittāni - asmitāmātrāt | 4 |

pravṛttibhede prayojakaṁ - cittamekamānekeṣām | 5 |

tatra - dhyānajam - ānāśayam | 6 |

karmāśuklākṛṣṇaṁ - yoginaḥ - trividhamitareṣām | 7 |

tataḥ - tadvipākānugūṇānāmeva - abhiṅvyaktiḥ -
vāsanānām | 8 |

jāti - deśa - kāla - vyvahitānāmapi - ānantaryam -
smṛtisamkārayoḥ - ekarūpatvāt | 9 |

tāsām - anādītvam - cā’śiṣo - nityatvāt | 10 |

hetu - phala - āśraya - ālambanaiḥ - samgrhītatvāt -
eṣāmabhāve - tadabhāvaḥ | 11 |

atītānāgataṁ - svarūpataḥ - astī -

adhvabhedāddharmānām | 12 |

te vyaktasūkṣmāḥ - guṇātmānaḥ | 13 |

pariṇāmaikatvāt - vastutattvam | 14 |

vastusāmye - cittabhedāt - tayorvibhaktāḥ panthāḥ | 15 |
na caikacittatantram cedvastu - tadapramāṇakaṁ - tadā
kim syāt | 16 |

taduparāgāpekṣitvāt - cittasya - vastujñātājñātam | 17 |

sadā jñātāḥ - cittavṛttayaḥ - tatprabhoḥ puruṣasya -
apariṇāmītvāt | 18 |

na tatsvābhāsam - drśyatvāt | 19 |

ekasamaye ca - ubhayānavādhāraṇam | 20 |

cittāntaradrśye - buddhibuddheḥ - atiprasaṅgaḥ -
smṛtisāṅkaraśca | 21 |

citeḥ - apratīsaṅkramāyāḥ - tadākārāpattau -
svabuddhisamvedanam | 22 |

draṣṭṛdrśyoparaktam - cittam sarvārtham | 23 |

tadasaṅkhyeyavāsanābhiḥ - cittamapi - parārtham -
samhatyakāritvāt | 24 |

viśeṣadarśinaḥ - ātmabhāvabhāvanā - nivṛttiḥ | 25 |

tadā - vivekanimnam - kaivalyaprāgbhāram - cittam | 26 |

tacchidreṣu - pratyayāntarāṇi - saṁskārebhyaḥ | 27 |

hānameṣāṁ - kleśavaduktam | 28 |

prasaṅkhyāne'pyakusīdasya - sarvathā vivekakhyāteḥ -
dharmameghaḥ samādhiḥ | 29 |

tataḥ - kleśakarmanivṛttiḥ | 30 |

tadā - sarvāvaraṇamalāpetasya - jñānasya - ānantyāt -
jñeyamalpam | 31 |

tataḥ - kṛtārthānām -

pariṇāmakramasamāptirguṇānām | 32 |

kṣaṇapratīyogī - pariṇāmāparānta - nirgrāhyaḥ
kramah | 33 |

puruṣārthaśūnyānām - guṇānām pratiprasavaḥ -

kaivalyaṁ - svarūpapratīṣṭhā vā - cītiśaktirīti || 34 ||

|| iti pātañjala yoga darśane kaivalyapādaḥ ||

|| pātañjalayogadarśanam IV 1-34 ||

|| iti pātañjala yoga darśane samāptaḥ ||